

Andrews Opens New Physical Therapy Clinic

Designed to assist in meeting the healthcare needs of the local community by providing greater access to physical therapy services

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The Andrews University School of Rehabilitation Sciences has just opened a full-service physical therapy clinic. (Photo by Julia Viniczay)

By: Andrews University School of Rehabilitation Sciences

Are you tired of your body hurting? Are you afraid to return to activities you used to do? Are you sick of feeling like you can't participate in your own life? You are not alone. Each year more

than 50 percent of Americans over the age of 18 report a physical issue that lasts longer than three weeks, yet only one out of 10 seeks help. Many people do not know the extent to which physical therapy services can help them feel better, build confidence and do more. Now you have a chance to find out.

The Andrews University School of Rehabilitation Sciences has just opened a full-service physical therapy clinic in the Physical Therapy building on the campus of Andrews University. The clinic is open from Sunday–Friday (hours vary) and is accepting new patients.

The clinic is designed to assist in meeting the healthcare needs of the local community by providing greater access to physical therapy services. It is also designed to give physical therapy students an opportunity to develop hands-on clinical experience.

“Andrews is offering people an amazing opportunity,” says Jillian Zollinger, director of the physical therapy clinic. “Those who come to the clinic can expect one-on-one personal care from a physical therapy student with real-time supervision by an experienced, licensed physical therapist. Additionally, students will have the clinical support and expertise of their physical therapy professors.”

Patients attending this clinic will have access to two types of services: treatment for medical conditions and preventive services. Some of the medical conditions treated at the clinic are as follows:

- Lower back pain
- Headaches
- Neck pain
- Arthritis
- Balance problems
- Sprained joints
- Strained muscles
- Rotator cuff issues
- Post-surgery care
- Dizziness/vertigo
- Physical issues after a stroke or brain injury

The clinic’s preventive services are designed to help promote fitness and prevent injuries. These services include learning about your body, improving focus for work or study, becoming more flexible, improving your posture and learning what exercises are best for your body type.

To learn more about the clinic and to schedule an appointment, visit the clinic’s website at andrews.edu/pt/pt-clinic.

Sources:

Agency for Healthcare Research and Quality. Office-based Medical Provider Services-Mean and Median Expenses per Person with Expense and Distribution of Expenses by Source of Payment: United States, 2014. Medical Expenditure Panel Survey Household Component Data. Generated interactively. Accessed 2/24/2020.

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